

## **OUR SERVICES**

We offer a wide variety of services. If you have a collaboration idea that isn't listed please contact us and we can discuss it further.

Sponsored Posts  
Custom Recipe Creation  
Product Reviews

Social Media Promotion  
Video Creation  
Guest Posting

## **FOR FULL DETAILS AND PRICING-**

We work full time blogging and have a team of creative members allowing us a quick turn-a-round and the ability to take on a large work load resulting in competitive prices for our clients.

**[howtothisandthat@gmail.com](mailto:howtothisandthat@gmail.com)**

**[www.howtothisandthat.com](http://www.howtothisandthat.com)**

**(207) 992-6870**

We look forward to speaking with you, Thank you!